



Kiwanis Club of the Foothills

Club Website: www.foothillskiwanis.org

Meetings: Every Monday at 7:00 a.m. at Coal Creek Golf Course, 585 W. Dillon Rd, Louisville, CO 80027 (303) 666-7888

Snippets from Recent Club Programs

10/12/2020 LT Joden Seiders Navy Seal Training

Coming up . . .

11/2/20-Jason Hurd, Erie Airport Board or Foothills Veterans

11/4/20-Board/Foundation Meeting

11/9/20-Kent Drotar, Wild Animal Sanctuary

11/16/20-Chuck Robbins, Medevac Helicopters in Viet Nam

11/23/20-Major Mike Paugh, Salvation Army Bell Ringing

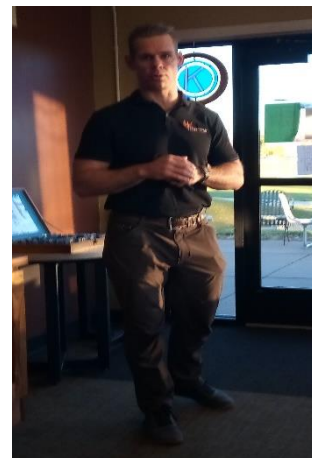
11/30/20-Brian Coleman, Boy Scouts of America

Program Chairperson:

Nov-Dave R.

Dec-Open

LT Joe Seiders enlisted in the Navy following High School in Shedd, Oregon in 2001 and finished Basic Underwater Demolition /SEAL training class in 2002. He received his bachelor's degree in History in 2012 from Ashford University. Joe was accepted into Naval OCS training in Newport, RI in 2013. In February of 2014 he was commissioned as a US Naval Officer. Joe's duty assignments include four deployments to CENTCOM and PACOM as part of the Global War on Terror. His experience included direct action raids and sniper watches in Iraq as well as an advisor to Philippine Naval Special Warfare Units. Joe's current assignment is as Naval ROTC freshman advisor at CU. Joe has been married for nine years and has a six-year old daughter and a five-year old son. Joe and his family live in Longmont. SEAL mission sets are based on 2-year cycles. Mission sets include Capture/Kill, Hostage Rescue, Counter Terrorism, Special Recon, and Unconventional Warfare. Missions have the same goal: Find, Fix, and Finish. The 2-year cycle is divided into PRODEV, ULT, and SIT training. PRODEV is a platoon training where officers and Petty Officers are flushed out and re-assigned following deployment. Qualifications as part of the training include sniper, explosives, and car driving for following and running from following. ULT training includes free fall parachute training in HAHO (high altitude high opening) and HALO (high altitude low opening) plus Hot & Pop low altitude quick opening. ULT includes several days of ground missions as well in such areas as breaking doors and walls, cutting steel, cold weather training in ice caves, reconnaissance, demolition, and sniper shooting from helicopters. SIT is a sustaining training done on the participants own schedule. This includes jungle training in Panama, people rescue and extraction by boat, and security details. Deployment is in places like Iraq and Afghanistan.



Our club thanks LT Seiders for his interesting and informative presentation.

10/19/2020 Deryn Davidson, About Pollinators

Deryn Davidson is the CSU Horticulture Extension Agent for Boulder County. She holds a BS degree in Horticulture from CSU and a master's degree in Landscape Architecture from the University of



Arizona. Deryn's passion for native plants and pollinators grew during her time as a horticulturist at the Lady Bird Johnson Wildflower Center in Austin, TX. In her current position, Deryn enjoys helping people discover new ways to incorporate native plants into their home landscapes through good design and responsible horticultural practices. Deryn's list of pollinators includes beetles, bees, birds, flies, butterflies, and bats in the Southwest US where blooming cactus exists. Beetles are not efficient pollinators but will pollinate if lumber is directly adjacent to flower beds. Of the birds, hummingbirds are the best pollinators because of their acrobatic tendencies and their propensity to eat insects. Flies, such as Serpent Flies do some pollinating as well as butterflies. Bees are the best pollinators. There are 20,000 bee species in the world, 4,000 of which are native to the US. Colorado is home to 2,000 different bee species. Bees have hair with split ends that pollen sticks to. Only female bees transmit pollen. Bees use nectar for carbohydrates and pollen for protein. Bees will not mix pollen from different types of flowers. Most bees are generalists, that is, they transmit pollen from all flowers. However, a few species are specialists that only seek pollen from specific flowers. Honey bees are the most studied of all bees. Wax is secreted from the glands of honey bees. Another species of bee is the sweat bee, often confused with horse flies. They seek the sweat from human skin. Bumble bees lay honey pots. Honey bee queens lay 2000 eggs per day. They live 3-5 years and lay over 1 Million eggs in their lifetime. Female bees are the active bees in the hive. Females serve as scouts, nurses, foragers, guards, and morticians (removing dead bees from the hive). Only females can sting. Male honey bees (drones) are distinguished from females with their prominent eyes and have one purpose and that is to mate with the queen. They do not contribute anything to hive activities. 90% of all bee species are cavity nesters and solitary by nature. Bee categories include: Andrenidae or mining bees; Halictidae or sweat bees; Leaf Cutter and Mason bees; and Apidae which are made up of

bumble bees, honey bees, and carpenter bees. Various insect colonies are the biggest killers of bees, not rival bee colonies. Home owners can design bee friendly spaces in their yard that supply food, water, and shelter. Research suggests that native flowers that bloom spring to fall support bees better than exotic species. In closing, Deryn reminds us that "A garden is only as rich and beautiful as the integral health of the system. Pollinators are essential to a healthy system. Make your home their home".

9/28/2020 Installation of 2020/2021 Club Officers

During the last club meeting of 2019/2020, RMD District 11 Lt. Governor Michelle Hoffner was on hand to install the new officers for 2020/2021. Brian Coleman was installed as President. Craig Hurst as Past President and Bill Anderson as President Elect. Joe Girard and Vince Van Zago continue as Treasurer and Secretary respectively. Craig gave a presentation of the year in review and Brian covered his vision and goals for the year ahead. Brian awarded Craig an engraved gavel as a commemoration for his year leading the club. Some of the year's highlights presented by Craig included the graduation of six service dogs, The 50th Anniversary Celebration, Salvation Army Bell Ringing Donations of \$16,803, Coolest Dog Contest Net of \$20, 130, and RMD Foundation Awards totalling \$850. In addition, the club installed five new members.



Foothills Kiwanis 2019/2020 Club Metrics

	Sept	End of Year
Attendance/meet	14.0	14.5
Service Hours	398	3094
# Reporting	17	12.3/mo
Guests	5	6.8/mo
New Members	0	5 (net 4)

Jerry Gilland: Walk Around Thunderbird Lake



Because of the Covid situation, the annual ALS Foundation **Walk Around Sloan Lake** was held virtually on Saturday 10/24/20 with small groups holding remote walks around their own area. Our own Jerry Gilland picked Thunderbird Lake near his home in Boulder to do the walk around. Jerry walked with his scooter and super service dog Bandit while 13 Foothills Club members and non-members walked with him to show their support for the Foundation. The group circled the lake twice.

New Alert Service Dog Placed



Randy Hayden announced that the Foothills Kiwanis Alert Service Dog Program has placed a pup with a new family on 10/15. The new pup, a female poodle, is a departure from the normal golden retriever male pup. The girl's name is Rose Greff and she is 14 years old. The pup's name is

Phoebe. Rose is the daughter of Dave and Tiffany Greff of Firestone, CO. The Greffs also have a son, Cole, 17. Family and pup will participate in two years of training before graduating.

Meet Honorary Foothills member Waverly Person

Waverly Person has been a member of the Foothills Kiwanis Club since November of 1972. Waverly is a World War II veteran who served in the US Army from 1942 to 1945. Waverly was a sergeant in the 325th Quartermaster Division, in support of the 23rd Artillery. Waverly served in New Guinea, the Philippine Islands, and Japan. As a civilian, Waverly served as chief of the Earthquake Information Center in Boulder. During his time in Kiwanis, Waverly became a Lusche Fellow in 2006. Waverly lives at the MorningStar Assisted Living Facility in Boulder. He is well and enjoys watching sports again. He would enjoy visitors, but special restrictions apply, and visits are restricted to 30 minutes. Call 720-545-1575 to schedule an appointment to visit Waverly.



Brunswick native Waverly Person, now a resident of Boulder, Colo., was a first sergeant in the 325th Quartermaster Division in support of the 33rd Infantry. He served in New Guinea, the Philippines, and Japan from 1942 to 1945. Person is now Chief of the Earthquake Information Center in Golden, Colo.

