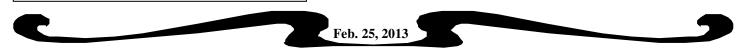


Club Website: www.foothillskiwanis.org

Meetings: Every Monday at 7:00 a.m. at the Spice of Life Event Center, 5706 Arapahoe Ave., Boulder CO

Kiwanis Club of the





Coming up . . .

2/25/13 – Emily McGree, Education Director of Parlando School for the Arts 3/2/13 10:00-noon - Clean up softball fields

at Horizons/Burke Elementary (Boulder) 3/3/13 - 61st Stars of Tomorrow at Dairy Center

3/4/13 Jerry Gilland, Dog Presentation

3/7/13 - 7:00 a.m. Foothills Board Meeting at the "Egg & I" (Basemar)

3/11/13 – Jorge De Santiago & Ralph Wappel, **AMISTAD Program**

3/18/13 – Jim Creasey, John Wooden Program

3/25/13 – Susie Fox, Sweet Dream in A Bag

Program Chairpersons:

February – Paul Bailey March – Jim Creasey April – Mary Schweitzer



Snippets from Recent Club Programs

February 11 - Wendy Widenbeck, "Hydraulic Fracturing -**Understanding the Science**"

Wendy has been the Community Relations Advisor for the Encana Oil & Gas Corporation (based in Denver) since 2004. This company conducts both vertical and horizontal drilling for oil, natural gas, and other liquid products in the area of Colorado known as the "Denver-Julesburg Basin", which runs along the Front Range from Erie to Trinidad, and ranks as the 10th largest energydevelopment area in the U.S. The corporation produces 1.3 million barrels of oil each day through over \$56 billion in capital and labor investments, resulting in some 100,000 jobs in Colorado. Wendy spoke about the "nuts and bolts" of how they drill wells to (among other things)



do "fracking" to extract natural gas in rock layers on average about 8500 feet below the ground surface. The vertical and horizontal bores are encased in concrete and other materials to prevent possible leakage into underground aquifers and groundwater in general. She responded to club members' questions about the possible environmental impact of fracking on the environment, as well as earthquakes possibly caused by fracking that have occurred in Oklahoma and Ohio.

February 18 -- Forrest Craver, "Best Practices in Fundraising for Service Organizations"

Forrest Craver spoke to our club about fundraising tips for service organizations. His tips included: be specific what it means to give, recognize that 80% of the energy comes from 20% of those involved, relationships are important, and women are the guardians of the community. He has been engaged in fundraising for 42 years. He was involved in taking little known groups including Habitat for Humanity, Operation Smile, Doctors without Borders, Mothers against Drivers and Christian Children's Fund and making them household names. His national marketing awards include a 6 million citizen mailing for Earth Day 1990 which enrolled tens of thousands of citizens. Forrest has enrolled more than 14 million citizens



in progressive causes. His specialty is child relief and development and one-day-turn around telegrams for Katrina, Ethiopian and Sierra Leone starvation and Cambodian refugee relief. He has represented dozens of national Christian groups including the national council of churches, church world service, and bread for the world. He is a native of Gettysburg Pa and has worked with all the national civil war land preservation groups.

<u>Foothills Kiwanis Clean-up of Horizons/Burke Fields</u> -- Pete Sprenkle (Softball Fields Clean-up Project Leader)

As we have done many times in the past, our club members will be cleaning up the softball field at Horizons/Burke School on Saturday, March 2 from 10:00-noon. The field will be used this season by the Boulder Girls' Softball, Little League

on Saturday, March 2 from 10:00-noon. The field will be used this season by the Boulder Girls' Softball, Little League baseball, and YMCA baseball programs. Our club's clean-up is providing a real benefit to these community youth resources.

What needs to be done is rake up the areal put trash, leaves, and debris into trash bags; and put the bags behind the backstop. All the bags we'll use will be supplied. Please bring gloves and a lawn rake. We need more club volunteers to help, so please sign up with Pete as soon as possible. Thanks!

<u>Update on "Taste of Downtown Boulder" Fundraiser</u> -- Pete Sprenkle

The big story is for members to reserve the day - Sat. April 20, 1-4 PM to attend and to start now to line up folks who will buy tickets. Here is the schedule:

		TIMELINE	
LETTER TO RESTAURANTS	-	PMS	FEB 8 - Complete
BEGIN FOLLOW UP CALLS/VISITS		COMMITTEE	FEB 18 – In process
PROGRESS REVIEW #1	-	COMMITTEE	MARCH 4
PROGRESS REVIEW #2	-	COMMITTEE	MARCH 11
FINAL REVIEW - RESTAURANTS SET	-	COMMITTEE	MARCH 18
TICKETS TO BE PRINTED	-	JOE GIRARD	MARCH 20
TICKETS AVAILABLE - BEGIN SALES	-	FKC	APRIL 1
POSTER LETTER TO RESTAURANTS	-	PMS	APRIL 8
FINAL LETTER TO RESTAURANTS	-	PMS	APRIL 16

TASTE OF DOWNTOV	VN BOULDER	APRIL 20
THANK YOU LETTER	- PMS	MAY 1

Annual RMD Midwinter Conference in Longmont

The annual Rocky Mountain District's Midwinter Conference was held from March 15-17 at the Plaza Hotel and Conference Center in Longmont. Club members attending were President Adam Pauluhn, Kerry Hassler, and Bob Mohling. Below is feedback for each about the conference.



Dave, Bob, Kerry, and Pres. Adam

<u>Training for Kiwanis Presidents/Vice Presidents -</u> <u>Conference Meeting</u>

-- By Adam Pauluhn

I attended the Midwinter Conference's Presidents/Presidents-Elect Training session held from 1 p.m. to 4:30 p.m. on Friday the 19th of February. The seminar was hosted by Russ Adsit, and was attended by approximately 30 Kiwanis members. I found the training to be very informative and interesting. As a more recent member of Kiwanis, I learned much about the structure of Kiwanis, was informed about some of the traditions, and clued into more details of a club president's role. I feel I can now do a much better job carrying out the duties of Foothills President during my term. The opportunity to share questions and concerns with other club officers was very beneficial as well. I also enjoyed the opportunity to meet other club officers, and look forward to the possibility of working with them in the future.

<u>Feedback on Saturday Conference Morning Sessions</u> -- By Kerry Hassler

The Saturday morning 9:00-11:30 a.m. workshop session informed attendees about the recently-adopted Kiwanis Rocky Mountain District's "Heart of Kiwanis Vision" program, led by sessions facilitator Paul Wyman (a program facilitator for the Denver Children's Hospital) This "Vision" was created during the August, 2012 RMD Annual Convention in Alamosa, where 12 RMD leaders and other Kiwanians put together this approach for attracting new members to our District's Kiwanis clubs. The Vision includes the following components of Kiwanis – Service, Action, Inclusion, Relationships, and Fun. There is not set "deadline" for individual clubs to implement the Vision, but the Vision should be engrained in each club's "DNA" on a continuing basis.

To realize the Vision, individual Kiwanis Club leaders and members should be –

- Reconnecting to the Vision Rejuvenated club members by reviewing the many good things done by Kiwanis International and individual Kiwanis Club projects/activities..
- Share the Vision message with potential new club members to encourage them to join.

The general plan for realizing the Vision in individual Kiwanis clubs is to –

- Celebrate all that's right with Kiwanis
- Believe in the Kiwanis goals and objectives ("When you believe it, you'll do it!")
- Look for new possibilities to expand the club's impact on children in particular
- Use club energy to fix anything with the club that's "wrong"
- Revel in the Vision changes to your club
- Move towards the new world the club creates with the Vision, and do the best for the children of the world as a club and through individual members.

A major part of the RMD's Heart of Kiwanis Vision is to do story-telling during club meetings and in talking to non-Kiwanians about joining the club. These stories remind the club and potential members of all the good things done through Kiwanis. Using photos is recommended since "one photo is worth a thousand words".

<u>Feedback on Saturday Conference Interclub Luncheon</u> -- By Bob Mohling

During the luncheon, Governor Jack Schwartz told us of several changes going on at the district. He described the KC Graduate Program being developed by the Rocky Mountain District. Its purpose is to provide a proactive method for retaining graduating Key Club and Circle K members in the Kiwanis Family utilizing the Kiwanis International family of clubs as a network for those graduate's benefit. The network of Kiwanis International family of clubs already exists. This program is designed to supercharge that network by providing KC Graduates with an Advocate to assist members in contacting and utilizing the support of the Kiwanis family of clubs wherever they may reside. For more info, go to www.kcgraduate.org.

Governor Jack told us that today Key Club membership is the same as Kiwanis membership in the Rocky Mountain District. Both have 3,000 members.

Circle K President, Amanda May of Mesa Colorado University, told us about her plans for CK. There are currently four charter clubs and nine clubs in formation. She provided the guidelines for CK projects:

- We do not give up
- Projects make a difference
- Change by choice
- Look outward to help people
- Be a good example



CK Pres. Amanda May

Gov. Jack mentioned that there will be a motorcycle ride through every state as a fundraiser for Project Eliminate. The riders leave Utah on May 30 and will ride to Cheyenne on May 31. On June 2, the riders will come to Denver with a celebration event scheduled for June 3. If you are interested in joining the riders or participating in the celebration, contact Pam at the District Office.

Anthony Watkins, Principal of a Douglas County Charter School located in Denver (I Am Academy), spoke to us about their school and the progress it is making. The Denver Tech Center Kiwanis Club provides support to the school. Tuition costs for the school are \$350/student; they have a free lunch program. The school has been visited recently by Mayor Hancock. The school has an active Builders Club for the 6-8th graders. Their president, Marquis, gave an impressive presentation to our luncheon group. His parents attended the luncheon – they were very proud! The club has all their officers in place, and the club is very active in robot science.



Principal Watkins speaks to our group; Marquis sits in center with his parents.

<u>Feedback on Saturday Afternoon Conference Meeting</u> -- By Dave Rogers

The "Heart of Kiwanis Vision" is a program started by current Governor Jack Schwartz. Its purpose is to revitalize our clubs and our district. To accomplish this we need to discuss why each of us is in Kiwanis and what could we do to make the Kiwanian experience better. In exploring where we are and where we need to be, we may need to change our way of thinking and change our way of doing. An example of our club doing this was creating our associate member status.

Saturday afternoon's session was entitled "Resistance to Change is Normal." Its purpose was to explore the types of resistance to expect as we look to the future and to help members embrace change to help the club achieve its vision for the future.

There are three basic personality types when it comes to change: Conserver, Pragmatist, and Originator. If each type of individual determined it was time to upgrade the front door of their house, the conserver would repaint the door with the same color paint. The pragmatist would visit the paint store, evaluate the available colors, and likely pick a new color. The Originator would remove the old door and then start thinking what he wants to replace it with. Any significant group of people will have all three types of thinkers and the normal distribution is 25%, 50%, 25%.

As we look for ways to improve our club we must all recognize that all three types of individuals belong to our club. And just because someone else has a different way of thinking, that doesn't make them wrong. The Golden Rule states that you should treat others as you wish to be treated. In contrast, the Platinum Rule states that you should treat others as they wish to be treated. The session moderator stated that in any diverse group, the Platinum Rule trumps the Golden Rule.

As we discuss our future, three tips apply to all personality types. First, talk with people on the other side and listen to what they have to say. Second, ask why they feel that way. And third, make every effort to understand their perspective.

There you go Adam -- no problem!

Service Dogs at the ADA EXPO February 9 -- By Jerry Gilland

The Service Dogs for Kids project had a booth at the annual American Diabetes Association EXPO, held at the Denver Convention Center on February 9, 2013. Assisting Jerry and Duffy in the morning were Joe Mellberg with dog Copper, and Emilio Rivera and daughter Jayden with dog KB. Jayden was a great ambassador for the project, as she could speak first hand of what the project has meant for her. Alicia Eakins, with dog Bob and Susan Dickinson with dog Dusty helped in the afternoon. Susan was also responsible for much of the table display shown.

Our booth was very popular with EXPO attendees, as there were always, at least three dogs to pet. We handed out about 100 brochures, so must have talked to several hundred people about our project, many who were not aware that this service existed for their children. Independent of the applicants that



our presence might produce, our efforts were educational for the many families with a child afflicted with Type 1 diabetes. The ADA representatives who visited us were especially interested in our efforts, and we can count on their support in the future.

A highlight of our day was a visit from type 1 diabetes sufferer, Zyler Zartun with his alert dog Casey who we donated to him last fall. During a rare lull in our booth activities, we managed a little dog party, as shown in the photo. From left to right are Susan, Dusty, Alicia with Duffy and Bob, Joe, Copper, Casey and Zyler.

I want to thank those of our members supporting this event and making it the success that it was.



